



NU SKIN®
THE DIFFERENCE. DEMONSTRATED.®

ageLOC® Body Products FAQs

1. What are the visible signs of aging on my body?

With age, the production of structural proteins within the skin begins to slow, while the presence of enzymes—which degrade these structural proteins—begins to increase. This leads to less structure and elasticity within the skin, resulting in sagging and a loss of contour. To make matters worse, the configuration and loss of these proteins allow subcutaneous fat stores in key areas such as the hips, thighs, buttocks, upper arms, and abdomen to bulge, resulting in an increased appearance of cellulite.

2. What is cellulite?

Cellulite is the protrusion of fat cells from the deepest layer of skin that forms dimpling visible on the skin's surface. It is the "orange peel" or "mattress" type of topography seen on thighs, buttocks, and sometimes the arms and abdomen.

3. How is cellulite formed?

Cellulite formation is a somewhat cyclic process that is influenced by multiple factors. One factor is when fat cells become fatter they squeeze capillaries, which disrupts fat metabolism and microcirculation. Another contributing factor includes breakdown in the skin's structural proteins.

4. What is the difference between fat and cellulite?

Fat is a type of cell within the body that is utilized to store energy. Cellulite is a condition in which fat storage has an "orange peel" or "mattress" type of topography commonly seen on the thighs and buttocks, and sometimes the arms and abdomen.

5. How does galvanic technology work?

Cosmetic galvanic treatments use the basic principles that like charges repel each other and opposites attract—similar to magnetic poles. Simple product formulations can contain key ingredients, which carry a positive or negative charge. A galvanic instrument can also be set to have the same charge as the product. The repelling of like charges "pushes" the product into the skin, facilitating the delivery of key ingredients. With the careful application of positive and negative galvanic currents to the skin, users are able to perform a variety of beneficial skin treatments.

6. What is unique about the ageLOC Galvanic Body Spa?

The ageLOC Galvanic Body Spa was designed for use in combination with ageLOC Body Shaping Gel on body areas—not on the face. This instrument was designed to target a larger surface area with a patent-pending ageLOC conductive surface that captures 10 times more key ingredients between the conductive surface and the skin (when compared to the body conductor attachment). Secondly, this design is more ergonomic for easier use and handling during body treatments. Thirdly, the ageLOC

Galvanic Body Spa and ageLOC Body Shaping Gel target end benefits/results (i.e., appearance of cellulite, slimming, toning, etc.) that are different from those targeted on the face. Lastly, the skin on the body is thicker and less sensitive, making it more apt to benefit from and respond to a pulsating current.

7. How soon should I see a difference in my skin using the ageLOC Galvanic Body Spa?

Individual results will vary. The research to date indicates the consumer should see improvements in as little as eight weeks.

8. What is the benefit of having a grooved body conductive surface?

The patent-pending grooved ageLOC conductive surface captures 10 times more key ingredients in the critical area between the conductive surface and the skin (when compared to the body conductor attachment).

9. Are there different settings on the ageLOC Galvanic Body Spa for different areas of the body?

The ageLOC Galvanic Body Spa has only one setting, which is compatible for use with ageLOC Body Shaping Gel.

10. Should I feel anything when I use the ageLOC Galvanic Body Spa?

As with the ageLOC Galvanic Spa System II, we would not anticipate that individuals will feel anything during treatments with their ageLOC Galvanic Body Spa when used as directed. Some more sensitive individuals may feel a slight warming sensation, but no uncomfortable sensations should be experienced.

11. Does a galvanic treatment help heal or reduce bruising?

Nu Skin's Galvanic Spa instruments were developed for use on healthy skin. They should not be used to treat or mitigate any skin conditions, over broken capillaries, and/or on bruises.

12. How much pressure should I apply?

Nu Skin's Galvanic Spa instruments should be very gently used with light pressure. There is no need to apply pressure to get the maximum benefits. The galvanic currents do the work for you.

13. How often should I use the ageLOC Galvanic Body Spa and ageLOC Body Shaping Gel?

For best results, ageLOC Body Shaping Gel should be used with ageLOC Galvanic Body Spa once a day, three times a week. Please see the instructions that came with your Galvanic instrument for additional information. The ageLOC Galvanic Body Spa should be used only as recommended.

14. How is the ageLOC Galvanic Body Spa different from competitors?

Due to the complexity of cosmetic formulations and technology, it has been a long-standing philosophy of Nu Skin not to conduct comparisons with competitors.

15. Why do I need a different instrument for body galvanic treatments?

The ageLOC Galvanic Body Spa was designed for use in combination with ageLOC Body Shaping Gel on body areas—not on the face. This instrument was designed to target a larger surface area with a patent-pending ageLOC conductive surface that captures 10 times more key ingredients between the conductive surface and the skin (when compared to the body conductor attachment). Secondly, this design is more ergonomic for easier use and handling during body treatments. Thirdly, the ageLOC Galvanic Body Spa and ageLOC Body Shaping Gel target end benefits/results (i.e., appearance of cellulite, slimming, toning, etc.) that are different from those targeted on the face. Lastly, the skin on the body is thicker and less sensitive making, it more apt to benefit from and respond to a pulsating current.

16. What is the difference between a pulsating galvanic current and a constant galvanic current?

A constant galvanic current is one that has a steady flow. It does not waver or vary in amplitude. A pulsating galvanic current is one that varies between two different, pre-established levels. Please note these are very different than alternating currents (AC). Within alternating currents, the polarity fluctuates between positive and negative poles. A pulsating galvanic current is better suited for the body.

17. What is the benefit of using pulsating galvanic current on the body?

Direct (galvanic) currents, whether pulsating or not, can assist in the delivery of like charged key ingredients to the skin by improving osmotic flow. This is increasingly important for enhancing delivery of key ingredients to areas with thicker skin. Additional research shows that the pulsating current enhances fluid vibration, which, in turn, promotes healthy circulation. Pulsating galvanic currents aid in stimulating skin and increasing cellular communication to help purify and refresh skin and help reduce the visible signs of skin aging. Pulsating galvanic currents are optimally designed for use on the body where the skin can benefit from enhanced fluid vibration.

18. Should the ageLOC Galvanic Body Spa be used on the face?

No. The ageLOC Galvanic Body Spa was not designed for use on the face. This instrument was designed specifically for use on the body. It easily treats a larger surface area, ergonomically follows the contours of the body, and, when combined with ageLOC Body Shaping Gel, brings about the targeted end results (i.e., diminishing appearance of cellulite, smoothing skin, slimming, toning, etc.). It also provides a pulsating current, which is better suited to structural differences and targeted attributes in the area being treated. The ageLOC Galvanic Body Spa should only be used as instructed.

19. What are the benefits of the ageLOC Galvanic Body Spa?

The ageLOC Galvanic Body Spa provides galvanic benefits to the body. It is ergonomically designed with a larger conductive area, which better targets the larger surface areas of the arms, abdomen, buttocks, and thighs and better suits the contours of the body. The instrument also features Nu Skin's patent-pending, grooved surface (able to capture 10 times more key ingredients between the conductive surface and skin than the body conductor attachment during each galvanic treatment). The ageLOC Galvanic Body Spa also features a patent-pending galvanic pulsating technology that maximizes anti-aging effects on the arms, abdomen, buttocks, and thighs. It also helps

stimulate, purify, and refresh your skin to reduce the visible signs of aging (for more details see the product information page).

20. What is the difference between ageLOC Body Shaping Gel and ageLOC Dermatic Effects?

Both ageLOC Body Shaping Gel and ageLOC Dermatic Effects have been developed to smooth the appearance of fat and cellulite and improve the appearance of skin's firmness, and both have been formulated with ageLOC ingredients shown to target Youth Gene Clusters. These products help provide a slimmer, smoother, firmer looking appearance. However, there are important distinctions.

- ageLOC Body Shaping Gel was designed to be compatible with ageLOC Galvanic Body Spa treatment, which assists in the delivery of the key ingredients to the skin. It contains ingredients to help maintain skin's robust structure, reinforcing structural proteins relevant to healthy looking skin. It also is specifically formulated to help refresh, purify, and reenergize skin while reducing the visible signs of aging.
- ageLOC Dermatic Effects increases cellular turnover necessary for renewing the skin and returning it to its natural radiant texture. It also contains technology to diffuse light instantly to help skin look smoother and improve the appearance of the skin's surface. It provides daily hydration benefits and instantly smooths the skin, while helping extend the benefits of ageLOC Body Shaping Gel (ageLOC Dermatic Effects is not suitable for use with Galvanic currents).

21. What is the benefit of using ageLOC Dermatic Effects every day?

ageLOC Dermatic Effects is a daily moisturizing lotion that smooths the appearance of fat and cellulite. ageLOC Dermatic Effects increases cellular turnover necessary for renewing the skin and returning it to its natural radiant texture. It also contains technology to diffuse light instantly to help skin look smoother and improve the appearance of the skin's surface. Formulated with ageLOC ingredients that target the Body Youth Gene Cluster, this product provides a daily, continuous dose of ageLOC for slimmer, smoother, firmer looking skin.

22. Do I need to use an additional body moisturizer if I use ageLOC Dermatic Effects daily?

ageLOC Dermatic Effects is a lotion that was developed for daily use on targeted areas—thighs, buttocks, abdomen, and arms. If, after use, the skin in these areas or other areas of the body needs more hydration and/or feels tight, we recommend using an additional Nu Skin moisturizer like Epoch Baobab Body Butter, Perennial, or Body Smoother.

23. What is the benefit of using the ageLOC Body products as a regimen?

ageLOC Body Shaping Gel and ageLOC Dermatic Effects were developed to be complementary products. Used together, they provide a comprehensive slimming, smoothing, and firming skin care regimen for the body. Both products have been formulated to include proprietary ingredients that have been validated by ageLOC science (patent-pending technology that targets arSuperMarkers, the ultimate sources of aging). Used daily morning and night, ageLOC Dermatic Effects includes several additional key ingredients that hydrate while smoothing and firming and provides a continuous supply of those key anti-aging ingredients to the skin. The ageLOC Galvanic

Body Spa with ageLOC Body Shaping Gel works to supply beneficial ingredients to the skin, once a day three times per week, with the delivery enhanced by a galvanic current. Using ageLOC Dermatic Effects twice daily and the ageLOC Galvanic Body Spa with ageLOC Body Shaping Gel up to three times per week provides you with complete delivery of the greatest level of key anti-aging ingredients.

24. Are the ageLOC Galvanic Body Spa, ageLOC Body Shaping Gel, and ageLOC Dermatic Effects weight-loss products?

No, the ageLOC Galvanic Body Spa, ageLOC Body Shaping Gel, and ageLOC Dermatic Effects are not weight-loss products. ageLOC Body products were developed to minimize and smooth the appearance of fat and cellulite, improve the appearance of skin's firmness, and promote the youthful appearance of the skin.

25. How is Nu Skin unique in the industry?

No other personal care company is taking Nu Skin's unique approach to building superior anti-aging product solutions. We have a proprietary understanding of how specially formulated ingredients, when incorporated into products, may influence specific Youth Gene Clusters and help slow the effects of aging and preserve youth. Our exclusive market position is our unique understanding of Youth Gene Clusters and how they are related to aging.

26. What are Youth Gene Clusters (YGCs)?

The term "youth gene clusters" is a term Nu Skin has developed in reference to functional groups of genes whose expression can be regulated to promote and maintain a more youthful expression.

27. What is the benefit of focusing on a YGC rather than a single gene when developing products?

There are multiple genes involved in regulating aging. Identifying and targeting YGCs provides a more comprehensive anti-aging approach. By understanding multiple genes instead of a single gene, many aging attributes can be targeted simultaneously.

28. What is the long-term vision for ageLOC products?

When ageLOC has achieved its full vision, Nu Skin will offer what we believe to be the world's most complete, powerful, and all encompassing anti-aging products available. Nu Skin's combination of expertise, resources, key partners, and product portfolio in *both* personal care and nutritional solutions provides us a distinct competitive advantage.